

Women Transcending Boundaries Monthly Newsletter



All information also available on our website wtb.org

February 2026

We are so excited to share Women Transcending Boundaries with you all. We had many new women learn about us at Plow Shares during the Holiday Season (*thank you all for signing up for our email list*)

WTB is collaborating this year with many new opportunities, including **Ramadan Iftars**, **Lunch and Learn** at Congregation Beth Shalom Chevra Shas, celebrations for **Lunar New Year**, and visits to many joyous rituals and celebrations.

Let us know what is happening in your world to share with other women of WTB. www.wtb.org

An **Iftar meal** is the evening meal Muslims eat to break their daily fast at sunset during Ramadan, traditionally starting with dates and water, followed by a larger dinner



Lunch and Learn

The 2nd Saturday of every month CBS-CS has a Lunch and Learn where congregants can learn about a particular topic with an expert or Rabbi Stenitz while enjoying a delicious lunch.

The 2026 **Lunar New Year**, marking the Year of the Horse, begins on February 17, initiating a 15 day celebration focused on family reunions, red decorations, firecrackers and special





Women Transcending Boundaries

MEMBERSHIP

Please consider **renewing your membership!** Dues are \$25.00 per year. Although not mandatory for membership, dues are most important. Programs, business expenses, scholarships and more are funded with dues and fundraising.

We hope you will become an official member—just fill out the form below and bring it to a meeting, mail it to the address on the form, or email to wtbcny@gmail.com.





Women Transcending Boundaries, Inc.

A Metro Syracuse Women's Group Founded After 9/11/01

P.O. Box 6847, Syracuse, NY 13217

www.wtb.org

2025–2026 MEMBERSHIP FORM

[for the program year July 1, 2025, through June 30, 2026]

Name: _____ Today's Date: _____

I am a NEW MEMBER. [Please fill in *all* the information below.]

I am a RENEWING MEMBER. [Please tell us only what has changed.]

Street Address: _____

City, State, Zip: _____

Phone: (home) _____ (work) _____ (cell) _____

E-mail: _____ Occupation: _____

Faith Tradition (optional): _____ Native Country (optional) : _____

Do you have special skill sets that you would like to share with WTB, such as writing, accounting, public relations/advertising, social media, or any other areas of expertise? _____

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### Dues & Donations:

**Dues** (\$25 per year) \$ \_\_\_\_\_

*Note: Dues are WTB's main source of revenue. They are appreciated but not required except for Council, Advisory Board, or Standing Committee members.*

I am a Council, Advisory Board, or Standing Committee member and, as such, am required to pay dues.

**Donation**  \$25  \$50  \$75  \$100  Other \_\_\_\_\_ \$ \_\_\_\_\_

*Your additional donation will help fund WTB projects, activities and scholarship awards as well as dues for those who cannot afford to pay. Thank you!*

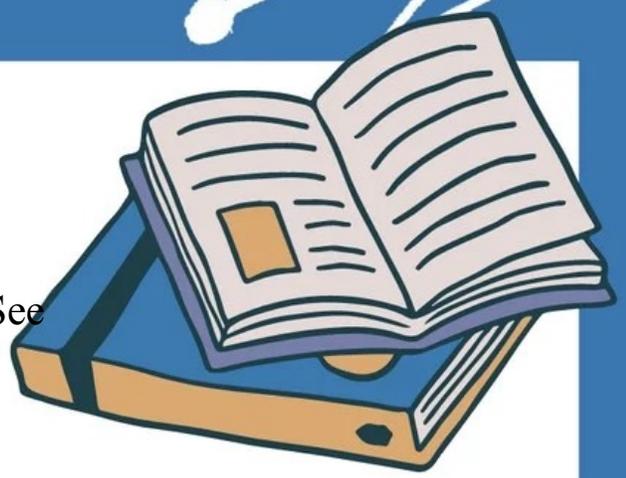
**Total** paid on \_\_\_\_/\_\_\_\_/\_\_\_\_ by cash  or by check  \$ \_\_\_\_\_

*Women Transcending Boundaries, Inc. is a not-for-profit 501(c)(3) charitable corporation. All dues and donations are tax deductible.*

**Please submit this completed form at any WTB meeting or by mail to the address at the top of this form.**

*WTB Mission Statement: We are an egalitarian community of women coming together to respect and learn more about each other's various spiritual beliefs, cultures, and common concerns. It is our intent to share our experiences with the wider community, to educate, and to serve.*

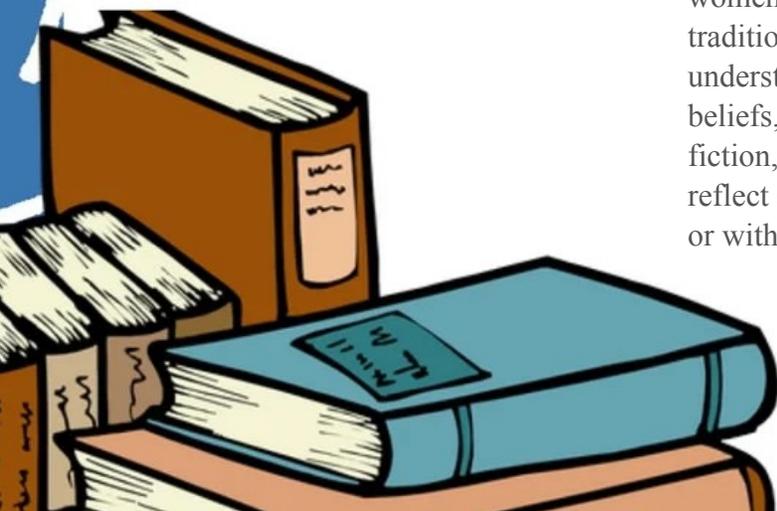
## WTB BOOK CLUB



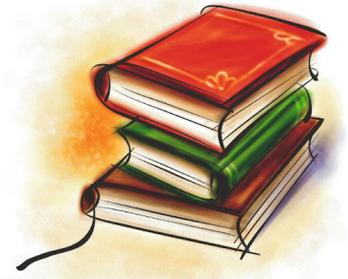
- January 12 Lady Tan's Circle of Women by Lisa See
- February 9 Prophet Song by Paul Lynch
- March 9 Dreams of Freedom by Marilyn Higgins
- April 13 The Lion Women of Tehran by Marjan Kamali
- May 11 Mater 2-10 by Hwang Sok-yong
- June 8 The World We Found by Thrity Umrigar
- July 13 Feeding Ghosts by Tessa Hulls  
(we may need copies)
- August 10 The Long Loneliness: The Autobiography of  
Dorothy Day
- Sept 14 An African History of Africa: From the Dawn of  
Humanity to Independence by Zeinab Badawi read the first half
- October 12 continue reading the September book
- November 9 Let Only Red Flowers Bloom by Emily Feng

The WTB book club is an egalitarian community of women from many faith and cultural traditions. We seek to nurture mutual respect and understanding by reading about diverse beliefs, customs, and practices. We choose books - fiction, non-fiction, and memoir - that reflect diversity of faith and culture, either internationally or within our own country.

Whenever possible, we prefer to choose books written by women or featuring female characters. If you would like to join the book club either in person or on Zoom, please call or text Jennifer at 315-345-9217

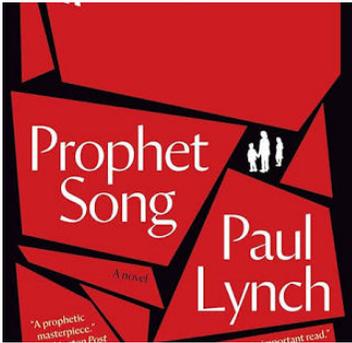


# WTB Book Club



**February 9**

**Prophet Song** by Paul Lynch

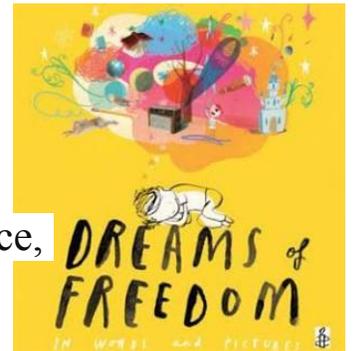


On a dark, wet evening in Dublin, scientist and mother-of-four Eilish Stack answers her front door to find two officers from Ireland's newly formed secret police on her step. They have arrived to interrogate her husband, a trade unionist.

**March 9**

**Dreams of Freedom** by Marilyn Higgins

An Irish woman's story of love, justice, and a young nation coming apart



The current refugee sewing class will soon reach give-away days. On Thursday, February 12 the ladies will receive donated sewing machines to practice on. These will then be stored until the final class on February 26 when they will select fabrics, trims, and containers to take home that day along with the sewing machine. This has been a fun group of Arabic-speaking ladies, with two translators among the group, making communication much easier.

The next session will begin on March 5 with a new group of students. Blessings to everyone who helps support this program.

Call me if you have any questions. Jennifer  
315-345-9217

**REFUGEE  
SEWING**





## **February Schmai**

**Come join us for some great food, great company and just  
celebrate friendships**

**February 24<sup>th</sup> 1230pm**



Thai Love NY is an authentic Thai restaurant serving the true traditional Taste of Thailand. Our family orientated recipes are sure to have your taste buds dancing for more. We offer the best Thai dishes and appetizers in the entire region.

Dine in with us to enjoy the full Thai Love NY experience. We offer a variety of meal options to best suit both your needs and your desires. This includes but not limited to; Gluten-Free, Vegan, Vegetarian, and Allergy-Free dishes. Not to mention your own choice of spicy levels with the spice range from crazy flaming hot to completely not spicy at all. You choose how you want your meal made, and we'll get it done for you.

Website: [thailoveny.com](http://thailoveny.com)

Phone: (315) 928-5659

| APRIL 2026                                                                              |                    |     |               |     |     |     |
|-----------------------------------------------------------------------------------------|--------------------|-----|---------------|-----|-----|-----|
| SUN                                                                                     | MON                | TUE | WED           | THU | FRI | SAT |
|                                                                                         |                    |     | 1             | 2   | 3   | 4   |
| 5<br>Easter Sunday                                                                      | 6<br>Easter Monday | 7   | 8             | 9   | 10  | 11  |
| 12                                                                                      | 13                 | 14  | 15<br>Tax Day | 16  | 17  | 18  |
| 19<br> | 20                 | 21  | 22            | 23  | 24  | 25  |
| 26                                                                                      | 27                 | 28  | 29            | 30  |     |     |

Download & Print Free Calendars From [Wiki Calendar](#)

## SAVE THE DATE -

Sunday, April 19th from 2-5 pm location TBD. WTB's own Smita Rane will host a program about Indian culture-- she'll demonstrate how to wrap a traditional Indian garment, the Sari, and there will be Indian food as well. Mark your calendars! More details to follow



# 13<sup>th</sup> Annual Community Ramadan Dinner

## The Meaning of Fasting

A Journey of the Soul and a Mercy for the Body

CNY RISE Center cordially invites you to the  
13th Annual Community Ramadan Dinner.

For millenia, Muslims have practiced fasting during the holy month of Ramadan. Today intermittent fasting is widely recommended by medical experts. Dr. Mobin Karimi will share insights on this popular practice, aligning faith, tradition, and modern medical science.

Please RSVP at [www.tinyurl.com/Ramazan26](http://www.tinyurl.com/Ramazan26)  
before February 23rd or scan below.



**Mobin Karimi, MD, PhD**  
Microbiology & Immunology  
Upstate Medical University

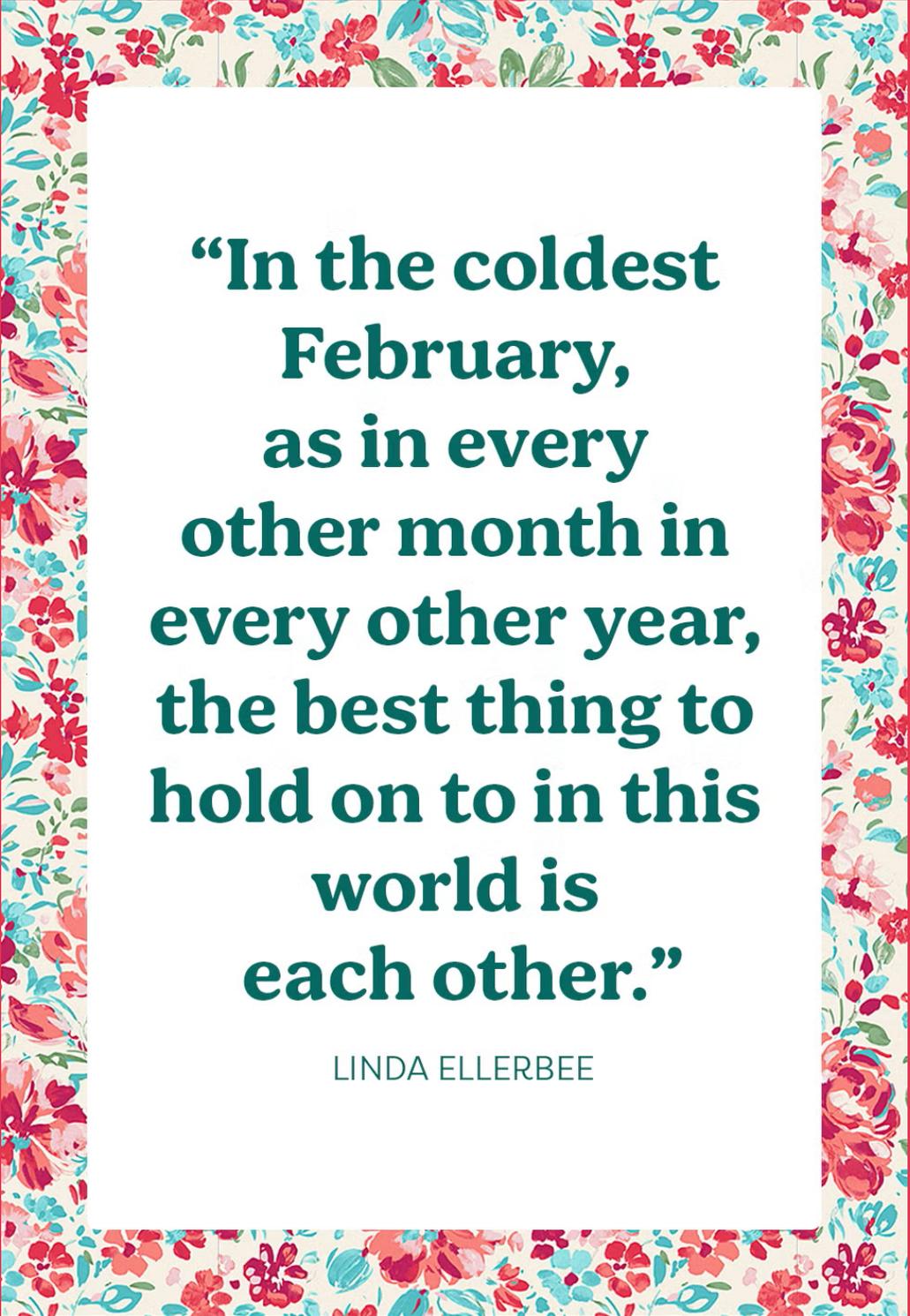
**Thurs Feb 26**  
**5:30 PM**  
**275 W Seneca Tpk**

Scan to RSVP



**Free Admission**  
**Reservation Only**





**“In the coldest  
February,  
as in every  
other month in  
every other year,  
the best thing to  
hold on to in this  
world is  
each other.”**

LINDA ELLERBEE

