

Women Transcending Boundaries Monthly Newsletter



All information also available on our website wtb.org

November 2025



Women Transcending Boundaries

MEMBERSHIP

Please consider **renewing your membership!** Dues are \$25.00 per year. Although not mandatory for membership, dues are most important. Programs, business expenses, scholarships and more are funded with dues and fundraising.

We hope you will become an official member—just fill out the form below and bring it to a meeting, mail it to the address on the form, or email to wtbcny@gmail.com.





Women Transcending Boundaries, Inc.

A Metro Syracuse Women's Group Founded After 9/11/01

P.O. Box 6847, Syracuse, NY 13217

www.wtb.org

2025–2026 MEMBERSHIP FORM

[for the program year July 1, 2025, through June 30, 2026]

Name: _____ Today's Date: _____

___ I am a NEW MEMBER. [Please fill in *all* the information below.]

___ I am a RENEWING MEMBER. [Please tell us only what has changed.]

Street Address: _____

City, State, Zip: _____

Phone: (home) _____ (work) _____ (cell) _____

E-mail: _____ Occupation: _____

Faith Tradition (optional): _____ Native Country (optional) : _____

Do you have special skill sets that you would like to share with WTB, such as writing, accounting, public relations/advertising, social media, or any other areas of expertise? _____

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### Dues & Donations:

**Dues** (\$25 per year) \$ \_\_\_\_\_

***Note:** Dues are WTB's main source of revenue. They are appreciated but not required except for Council, Advisory Board, or Standing Committee members.*

\_\_\_ I am a Council, Advisory Board, or Standing Committee member and, as such, am required to pay dues.

**Donation** ☐ \$25 ☐ \$50 ☐ \$75 ☐ \$100 ☐ Other \_\_\_\_\_ \$ \_\_\_\_\_

*Your additional donation will help fund WTB projects, activities and scholarship awards as well as dues for those who cannot afford to pay. Thank you!*

**Total** paid on \_\_\_\_/\_\_\_\_/\_\_\_\_ by cash ☐ or by check ☐ \$ \_\_\_\_\_

***Women Transcending Boundaries, Inc. is a not-for-profit 501(c)(3) charitable corporation. All dues and donations are tax deductible.***

**Please submit this completed form at any WTB meeting or by mail to the address at the top of this form.**

*WTB Mission Statement: We are an egalitarian community of women coming together to respect and learn more about each other's various spiritual beliefs, cultures, and common concerns. It is our intent to share our experiences with the wider community, to educate, and to serve.*



WTB Council is looking forward to 2025/26 as we share new programs, faith visits, celebrations, connecting with new and old friends, and making a difference within our community with collaborations.

We are looking for you to join a committee

Kindly email [wtbcny@gmail.com](mailto:wtbcny@gmail.com).

Testimonial: When I joined WTB and they asked me to join a committee, I said no. Then they said WE WILL DO THIS WITH YOU. **I said YES.**

Grant Writer

Membership: help with welcome letters, sign in table at events, become a buddie to a new WTB member

Program & Service: Help plan programs and events, service projects

Public Relations & Outreach: Help with monthly newsletter, social media,

Our program and service calendar is September thru May  
Commitment is only a few hours a month.

# NOVEMBER

Happy New Month. November comes from  
the Latin root novem- meaning “nine”.

In the Roman calendar there were only ten months  
in the year, and November was the ninth month.  
November represents transition and self-reflection.

Be adaptive and move with  
the flow of things in life.

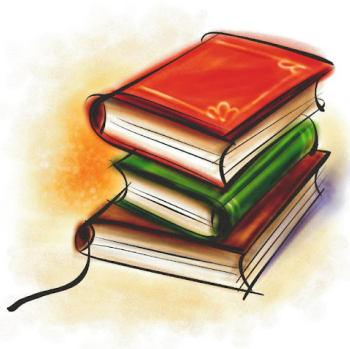
Accept whatever happens  
positively because it's natural  
that things keep changing without your control.  
Healing Energy Tools



The current refugee sewing class has students from Afghanistan, Sudan, Rwanda, and Burma. Thursday, November 6 will be the last class for this group. I will bring in several large boxes of fabric for them to choose from, as well as plenty of lace, ribbon, and other embellishments. Students will also take home a donated sewing machine that the repair team has cleaned, oiled, and checked every dial, button, and lever. Because every donated machine is different, students have practiced with this machine during two classes so we can sure that they know how to operate it.

We expect the class starting on December 4 to be filled with eight students from the Syracuse Northeast Community Center.

Visitors to class are always welcome. Call Jennifer at 315-345-9217 and I will run up and open the locked door. We meet Thursdays from 12:15 to 2:45. Please note that we will not meet between November 6 and December 4.



## WTB BOOK CLUB

The 2025-2026 titles for book club will be chosen at our Zoom discussion on November 10. Any questions? [robertscrittenden@verizon.net](mailto:robertscrittenden@verizon.net)

Get ready for a delicious afternoon on **November 9th!** We're going to be making three incredible dishes:

- **Turkish Style Homemade Mixed Vegetable Pickles (Torshi/Tursu in short)**
- **Delicious Biryani**
- **Baklava**

### **Class Details**

- **Date:** November 9, 2025
- **Time:** 1:00 PM – 3:00 PM
- **Location:** [CNY Rise Center](#), 275 W Seneca Turnpike, Syracuse, NY 13207
- **Fee:** \$30 (All ingredients are included; you can pay at the door)

Please **RSVP by November 6** so we can have enough ingredients for everyone!

## 🍁 Fall 🍁 Cooking Class

**NOVEMBER 9, 2025**

**1:00 PM – 3:00 PM**

**CNY RISE CENTER**

275 W Seneca Turnpike, Syracuse, NY 13207

Join us for a cozy afternoon filled with delicious food, fun, and friendship!

We'll be cooking together:



Homemade Pickles



Biryani



Baklava

Come learn, cook, and enjoy the warmth of fall flavors with us!

Fee: \$30 (all ingredients included)

**RSVP by November 6**

[RSVP Link Here](#)



Tursu is a special, age-old fall tradition that brings families and friends together for a fun time! The concept of making mixed vegetable pickles is popular worldwide. For example, Germans make **Sauerkraut**, Italians make **Giardiniera**, Koreans make **Kimchi**, and we make **Tursu**! This pickling process is beneficial for you because it provides your body with a dose of probiotics, which are live microorganisms crucial for good digestion. Everyone helps cut the fresh vegetables, which makes for great conversation, and we all get healthy, delicious food to enjoy later!



We request the pleasure of your company at the  
**20<sup>th</sup> Annual Friendship Dinner**



**Keynote Speaker**

**Lori Klivak, PhD**  
*Senior Director of Healthy Aging  
Interfaith Works of CNY*

**CELEBRATE AGING IN CNY**  
**Imagining an Age Friendly Community**

**Wednesday - November 12 - (6 ~ 8 p.m.)**

275 W. Seneca Turnpike Syracuse NY 13207  
Please RSVP to [cnyrise@gmail.com](mailto:cnyrise@gmail.com) by Nov 7

**Featuring:**

Traditional Turkish Meal \*\*\* Community Service Awards



**"Kinship and Kindness"** Potluck  
Lunch and Sandwich Making

**When:** Sunday, Nov 16th from 1-3  
pm

**Where:** Home of Cindy Rahrle,  
[9603 Dunderry Heights,](#)  
Baldwinsville, NY

WTB would love to have you join us for **"Kinship and Kindness"**--a casual potluck lunch on Sunday, November 16th at the home of Cindy Rahrle, 9603 Dunderry Heights, Baldwinsville 13207. We will be enjoying the goodies we bring from 1-2 pm and making sandwich lunches for Assumption Church's free meals program from 2-3 pm. Please come for all or part of the meeting!



**“There comes a  
time when people  
get tired of being  
pushed out of the  
glittering sunlight  
of life’s July and  
left standing amid  
the piercing chill  
of an alpine  
November.”**

MARTIN LUTHER KING, JR.

SYRACUSE PEACE COUNCIL'S 52<sup>ND</sup> ANNUAL

# Plowshares



## CRAFTSFAIR & PEACE FESTIVAL



**DECEMBER 6-7, 2025**

[Nottingham High School](#), Syracuse, NY

**Saturday 10:00AM – 5:00PM**

**Sunday 10:30AM – 4:30PM**

**Plowshares is Central New York's premiere multicultural crafts fair**, featuring over 120 local craftspeople and community organizations.

A beautiful community of activists, conscientious consumers and fair traders gather for a weekend of commerce and communing at the Plowshares Crafts Fair and Peace Festival. Plowshares is an opportunity to step into the kind of world we're working so hard to create: a place of justice, of peace, of compassion, of environmental sustainability. Plowshares is a labor of love that comes together thanks to the help of many volunteers.

WTB will have a table and our very own Lorraine Markley will be selling her jewelry there.

# JOINT THANKSGIVING PROGRAM **SOCIAL JUSTICE** CONCERT

WITH

- CONGREGATION BETH SHOLOM-CHEVRA SHAS
- MAY MEMORIAL UNITARIAN UNIVERSALIST SOCIETY
- PEBBLE HILL PRESBYTERIAN CHURCH

FEATURING LOCAL,  
WELL-KNOWN  
ARTISTS:

+ SOCIAL JUSTICE READINGS FROM  
EACH TRADITION

+ REFRESHMENTS AND TIME  
TO SOCIALIZE

DONATIONS APPRECIATED FOR

Onondaga Nation Health Center  
either through scanning this  
QR Code or by check or cash  
at the Concert



**SUNDAY, NOV 23**  
**3:30 – 5:30 PM**

**DOORS OPEN**  
**AT 3 PM**

**LOCATION** CONGREGATION BETH  
SHOLOM-CHEVRA SHAS  
18 PATSY LANE  
JAMESVILLE, NY 13078

**TO RSVP BY NOVEMBER 17**

CLICK THIS FLYER  
OR GO TO  
[TINYURL.COM/SJ-CONCERT-2025](https://tinyurl.com/sj-concert-2025)

FOR MORE INFORMATION CONTACT:  
CBS-CS OFFICE AT 315.446.9570

[colleenkattau.com](https://colleenkattau.com)



**COLLEEN KATTAU**

[www.cadleys.com/about](https://www.cadleys.com/about)



**JOHN AND CATHY CADLEY**



**Day of the Dead** is a special holiday in Mexico, celebrated on November 1st or 2nd. It is believed that the souls of the deceased rise that day. Thus, they are honored. “Traditions connected with the holiday include honoring the deceased using [calaveras](#) and [marigold flowers](#) known as cempazúchitl, building [home altars](#) called [ofrendas](#) with the favorite foods and beverages of the departed, and visiting graves with these items as gifts for the deceased.<sup>[9]</sup> The celebration is not solely focused on the dead, as it is also common to give gifts to friends such as candy sugar skulls, to share traditional [pan de muerto](#) with family and friends.” *Wikipedia*



## **Hug O War**

I will not play at tug o' war.  
I'd rather play at hug o' war,  
Where everyone hugs  
Instead of tugs,  
Where everyone giggles  
And rolls on the rug,  
Where everyone kisses,  
And everyone grins,  
And everyone cuddles,  
And everyone wins."

- Shel Silverstein  
*Hug O' War*  
Where The Sidewalk Ends