

Women Transcending Boundaries Monthly Newsletter



All information also available on our website wtb.org

March 2024

Healing in Different Traditions

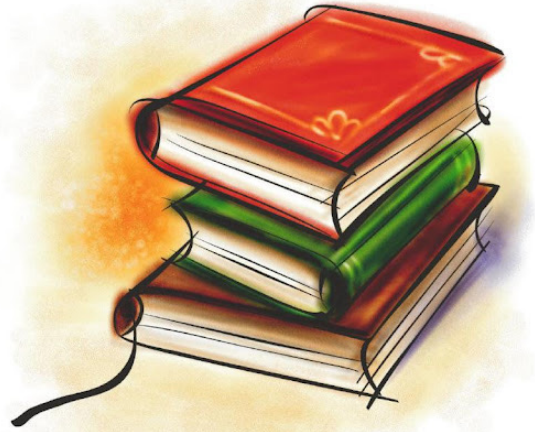
Join us for our March 17th program on Healing in Different Traditions , Part 2. Meridians, chakras, EMDR, acupuncture, Reiki— so many opportunities! As we continue to explore a variety of healing modalities, practical techniques for eliminating our stress will be offered.

Date: **Sunday March 17th**
Time: **2:00-4:00**
Place: **CNYRise**
[275 West Seneca Turnpike](#)
Syracuse, NY

Healing is a matter of
time, but it is
sometimes also a matter
of opportunity.

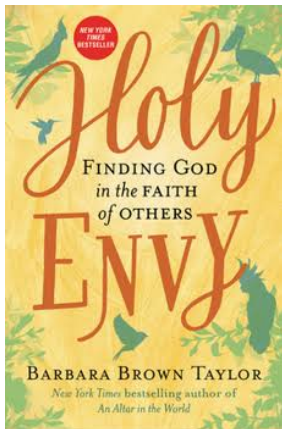
Hippocrates

Book Club



March 11
7-9 pm via zoom

Holy Envy: Finding God in the Faith of Others
by Barbara Brown Taylor



Barbara Brown Taylor continues her spiritual journey begun in *Leaving Church* of finding out what the world looks like after taking off her clergy collar. In *Holy Envy*, she contemplates the myriad ways other people and traditions encounter the Transcendent, both by digging deeper into those traditions herself and by seeing them through her students' eyes as she sets off with them on field trips to monasteries, temples, and mosques. Amazon

The WTB book club is an egalitarian community of women from many faith and cultural traditions. We seek to nurture mutual respect and understanding by reading about diverse beliefs, customs, and practices. We choose books - fiction, non-fiction, and memoir - that reflect diversity of faith and culture, either internationally or within our own country. Whenever possible, we prefer to choose books written by women or featuring female characters. If you would like to join the book club either in person or on Zoom, please call or text Jennifer at 315-345-9217

WTB BOOK CLUB



- March 11 Holy Envy: Finding God in the Faith of Others by
Barbara Brown Taylor
- April 8 All My Puny Sorrows by Miriam Toews
- May 13 Biting the Hand: Growing Up Asian in Black and White
America by Julia Lee
- June 10 Now You See Us: A Novel by Balli Kaur Jaswal
- July 8 Good-bye Eastern Europe: An Intimate History of a Divided
Land by Jacob Mikanowski
- August 12 Stay With Me: A Novel by Ayobami Adebayo
- September 9 A Fever in the Heartland: The Ku Klux Klan's Plot to Take
Over America, and the Woman Who Stopped Them
by Timothy Egan
- October 14 American Dirt by Jeanine Cummins



With rushing winds

Copyright © 2008 Royal Collection

and gloomy skies,

the dark and stubborn Winter dies.

—Bryant Taylor



March

REFUGEE SEWING

Well, I was all ready for refugee sewing to start the third session of the 2023-24 year on February 29. My trunk was packed with all of the supplies needed to start projects: fresh thread, fiberfil for making pillows, various nice fabrics recently donated, a machine for a recent refugee who doesn't need lessons, etc.

Unfortunately, Mother Nature hit us with a major blizzard. Multiple Central New York schools were closed, including Syracuse City Schools. If the schools are closed, sewing class is closed. So my day started with texting all of the new students about the closing; my students don't necessarily speak or read English, but most know how to translate texts. Then I emailed all of my teachers in case they don't pay attention to school closings.

But I expect that class WILL start on March 7 and visitors are always welcome. We're at 501 Park Street on Thursdays from 12:15 to 2:45. Call to let me know you have arrived.



I continue to give machines and supplies to refugees who already know how to sew. Abilities vary from making quite simple garments to advanced tailoring skills. Two recent gentlemen said they worked in tailoring shops, one in Kabul and one in Turkey where he lived for ten years after leaving Afghanistan. I give these people the more advanced tools that have been donated. My list now has 104 names since July 2022 of those who have requested machines. I constantly give thanks for the generous donors who welcome the stranger to this country by providing working machines and a wide variety of sewing supplies. The refugees are grateful.

Jennifer, 315-345-9217



March Schmai

Come join us for another Schmai 😊



[Thai Love NY Restaurant Authentic Thai Cuisine](#)

2822 Lemoyne Ave., Syracuse, NY

(315) 928-5659

When: March 12th 12:30pm

Their menu has so many choices, you may want to check it out
before you go!

Join us for some interesting food and meet some other ladies
who just want to have fun!

All are welcome

HOLIDAYS CELEBRATED IN MARCH



March 11 - first night of Ramadan

Ramadan is the ninth month of the Islamic calendar, observed by Muslims worldwide as a month of fasting, prayer, reflection, and community.

Date: Sun, Mar 10, 2024 – Tue, Apr 9, 2024



March 17 - St. Patrick's Day

Saint Patrick's Day, or the Feast of Saint Patrick, is a religious and cultural holiday held on 17 March, the traditional death date of Saint Patrick, the foremost patron saint of Ireland



March 24 - Palm Sunday

March 31 - Easter

Holy Week begins on Palm Sunday and ends with Easter Sunday. During this one week, many biblical prophesies were fulfilled. Jesus came to earth to save humanity by dying on the cross on Good Friday and resurrecting on Easter Sunday.



March 25 - Holi

Holi is a popular and significant Hindu festival celebrated as the Festival of Colours, Love, and Spring. It celebrates the eternal and divine love of the deities Radha and Krishna. Additionally, the day signifies the triumph of good over evil, as it commemorates the victory of Vishnu as Narasimha over Hiranyakashipu.



Ramadan Mubarak

CNY RISE Center cordially invites you to a Ramadan Dinner.

Thursday, March 14 @ 6:00 pm
275 W Seneca Turnpike, Syracuse, NY 13207

Ramadan & Empathy



Lisa Nimet Saka, PhD
Master Sufi Teacher
Shadhiliyya Sufi Order

Please RSVP by March 12 at
<http://tinyurl.com/cnyrise>

Free Admittance





RAMADAN

By Mary Ab

R is for the radiance of the relaxation of pure souls that float in the highest degrees of faith !

A is the awesome pure morals we try to keep in our minds and hearts

M is for the mercy of Allah that covers our hearts with blessings and love

D is for the duas and honest prayers we pray every night seeking Allah's super mercy

A another **A** for the ardent spiritual hopes of vanishing all the sins and mopes

N is for the new better version of our hearts with brand new beats of faith, joy, love and mercy

Ramadan is our lantern of hope and blissful chance to get the blessings of Allah and spread peace and love all over our surroundings ...

Ramadan is the most fascinating chance to change towards the Best and to blossom the entire year with faithful flowers ...



Women Transcending Boundaries offers

2024 WTB INTERFAITH ACHIEVEMENT AWARD

***Applications
accepted until May 3***



What	One-time \$1,000 award to be used for post–high school education in a certificate program, trade school, or college
Eligibility	Young women who are enrolled in an Onondaga County high school and who will graduate in 2024
Criteria Considered	<p>Understanding of and commitment to interfaith and intercultural diversity as demonstrated through her activities in her school, faith tradition and/or wider community over the last five years</p> <p>Eligibility for this award is not limited by academic (GPA) or financial considerations</p>
How to Apply	Applications are available on Women Transcending Boundaries’ website www.wtb.org or contact diana.wellmon@gmail.com .

INSUFFICIENT FUNDS

Women Transcending Boundaries Scholarship Committee met the other day to discuss the next Achievement Award. WE had a very productive meeting and are excited about some changes that were made. One of the things we realized was that we do not have the kind of funds that we have had in the past. After some discussion we realized that we need to reach out to WTB women.

We are asking our membership to consider making a donation to the WTB Scholarship Fund.....any amount small or large will be a step in sustaining this wonderful program.....We can all remember the excitement of our winners and their gratitude.
A lot of us felt truly blessed because WTB was able to do this.

Checks can be sent to the WTB Post Office box . PO Box 6847, Syracuse,NY 13217

Thank you for any amount you can give.

Congratulations to Emelia Weah of Nottingham High School and Ngoc-Lynn Huynh of Henninger High School — recipients of 2021 Women Transcending Boundaries' Interfaith Achievement Awards.



Ngoc-Lynn Huynh of Henninger High School with Barb Bova



Emelia Weah of Nottingham High School with award selection committee (l-r): Barb Bova, Sue Savion, Liz Spence, Danya Wellmon, and Carol Lipson

Big World. Many Beliefs. One Prayer. Peace.

○
○

Only when the Power of Love overcomes the Love of Power will there be True Peace

Handcrafted 925 Sterling Silver



BEAUTIFUL INTERFAITH BRACELETS

This lovely bracelet celebrates the commonalities all faiths share!

Created by Jill Felts of Compelling Creations, each high-quality bracelet consists of 9 silver medallions – each with a symbol of a different world faith.

THE GOLDEN RULE



Islam: Not one of you truly believes until you wish for others what you wish for yourself.



Taoism: Regard your neighbor's gain as your own gain and your neighbor's loss as your own loss.



Christianity: In everything, do to others as you would have them do to you.



SHINTO

Shinto: Do not do to others what you do not want done to yourself.



Dove of Peace



Primal Religions: The entire universe is alive and interconnected. One should treat all creatures in the world as one would want to be treated.



BUDDHISM

Buddhism: Treat not others in ways that you yourself would find hurtful.



© 2011 Compelling Creations, Inc.

Judaism: What is hateful to you, do not do to your neighbor. This is the whole Torah, all the rest is commentary.



Hinduism: This is the sum of duty: do not do to others what would cause pain if done to you.

BEAUTIFUL INTERFAITH BRACELETS OFFERED

This lovely bracelet celebrates the commonalities all faiths share!

Price of the bracelet will vary depending upon the price of silver. At present the cost of these bracelets is \$76.00 each. The net proceeds will be donated to support the programs and mission of Women Transcending Boundaries.

Silver Interfaith Bracelet Order Form

Name _____

Address _____

Phone number _____

Email _____

I would like to purchase _____ Interfaith Bracelets

Number of bracelets _____ at \$76.00 each

Total _____

Make checks out to Betsy Wiggins and mail to 305 Carlton Dr., Dewitt, NY 13214.

Jewelry will be delivered to you!



WTB is organizing committees for our **NEW YEAR** (2024) and we would love to have **YOU** take part!! What ever your talents and interests, there is a place for you at WTB! We are looking for women who would like to help plan meetings and service projects, are comfortable with social media and publicity – please reach out and let us know you’d like to be more involved!! wtbcny@gmail.com



Let us know if you have any concerns, suggestions or comments. We’d love to hear from you. You can reach us at: wtbcny@gmail.com

Here is a link to the online membership form:

<https://forms.gle/Yig1KGo4tbSqvByn6>





Women Transcending Boundaries, Inc.

A Metro Syracuse Women's Group Founded After 9/11/01

P.O. Box 6847, Syracuse, NY 13217

www.wtb.org

2023-2024 MEMBERSHIP FORM

New Member _____

Renewing Member _____

PLEASE PRINT ALL INFORMATION CLEARLY

Name: _____

Street Address: _____

City, State, Zip: _____

Phones: (home) _____ (work) _____ (cell) _____

E-mail: _____ Occupation: _____

Religion (optional): _____ Native Country: _____

How did you first learn about WTB? _____

Do you have special interests that bring you to WTB? _____

Would you like to receive more information about specific needs and volunteer opportunities ...

within WTB? ☐ in the greater Central New York community? ☐

Dues (\$25 per year)

\$ _____

Note: *Dues are appreciated but not mandatory for membership. However, you must fill out and submit this form in order to be a WTB member.*

Donation:

\$ _____

Your additional donation will help fund WTB projects, activities and scholarships. Thank you!

Total paid on ____/____/____ by cash ____ or check ____

\$ _____

***Women Transcending Boundaries, Inc.
is a not-for-profit 501(c)(3) charitable corporation.
All dues and donations are tax deductible.***

Please submit this completed form at any WTB meeting or by mail to the address at the top of this form.

WTB Mission Statement:

*We are an egalitarian community of women coming together to respect and learn more about each other's various spiritual beliefs, cultures, and common concerns.
It is our intent to share our experiences with the wider community, to educate, and to serve.*